

LOGOS EQUIPPING MINISTRIES
DISCIPLESHIP COUNSELING—LEVEL THREE
“Advanced Issues”
Spring 2015

Instructors: Grace Community Church Pastors/Elders

COURSE DESCRIPTION:

This course is designed for those desiring to pursue a more in-depth understanding of discipleship/counseling. Topics covered include anger, worry, fear, depression, medical issues, learning disorders, and other specific subjects and situations. Case studies will be discussed.

COURSE OBJECTIVES

- A. To enrich and improve the student’s personal life and relationship with Christ
- B. To help the student view all of life, including problem areas, as part of the worship process that takes place within the heart of man
- C. To increase the student’s confidence in the sufficiency and superiority of the Scripture for handling all the personal and interpersonal problems of life
- D. To help the student understand the place and role of counseling in the church
- E. To encourage a distinctly biblical way of looking at people and their problems
- F. To challenge the student to build his/her own counseling practices on solid, biblical theology
- G. To demonstrate the incredible practicality of good theology
- H. To confirm and illustrate the fact that many, perhaps most, counseling problems usually involve and are reflective of insufficient or bad theology
- I. To provide an environment where students may bring their questions regarding the relationship of theological convictions to counseling problems and situations
- J. To equip each student to be a more astute theologian and better counselor in the church of Jesus Christ
- K. To help the student begin a more exhaustive search into the Scripture concerning several specific problems of life

- L. To demonstrate to the student just how the biblical methods presented in Level I, apply to today's problems
- M. To encourage the student to take an active role in the sanctification process so that it will be more of a habit upon graduation

COURSE TEXTS

A. REQUIRED READING:

1. Course Syllabus
2. *A Homework Manual for Biblical Living, Vol. I*, Wayne Mack (selected studies)
3. *How to Handle Trouble*, Jay Adams
4. *The Biblical View of Self-Esteem, Self-Love, and Self-Image*, Jay Adams
5. *The Christian's Guide to Guidance*, Jay Adams
6. *Addictions: A Banquet in the Grace*, Ed Welch

B. RECOMMENDED READING

Anxiety Attacked, John MacArthur
The Crisis of Caring, Jerry Bridges
Decision Making and the Will of God, Garry Friesen
Discipline of Grace, Jerry Bridges
The Freedom and Power of Forgiveness, John MacArthur
From Forgiven to Forgiving, Jay Adams
How Long, O Lord?, D. A. Carson
How to Help People Change, Jay E. Adams
How to Overcome Evil, Jay Adams
Spiritual Depression, Martyn Lloyd-Jones
The Enemy Within, Kris Lungaard
Trusting God, Jerry Bridges
The Vanishing Conscience, John MacArthur
Walking through Shadows, Ken Ham and Carl Wieland
When People Are Big and God is Small, Ed Welch
Depression, Ed Welch
How People Change, Timothy Lane & Paul David Tripp
Instruments in the Hands of the Redeemer, Paul David Tripp

COURSE REQUIREMENTS

- A. There will be no exams in this course. All papers are to be typed in 12 point font and doubled- spaced.
- B. During the course the student is responsible for completing all the required reading. Reading assignments and a suggested reading schedule are listed on page 8. The student needs to read carefully, thinking about how the material applies to his/her own life, as well as others he or she may be in contact with. Please follow the format of the reading report (page 5). One 3–4 page report on all that has been read will be due **May 20st**.
- C. A 10-page project paper will be due **June 10th** on a selected topic (topics listed on page 5). The student needs to define these terms and research this topic from the Scriptures. Please include how you personally were affected by this project and how you would counsel a person who is involved in this particular problem. The paper is to contain 8 pages of research, 2 pages of application, and a bibliography. This paper is also to be typed in 12 point font and double-spaced.
- E. To enhance the area of implementation in one’s counseling, a 3–5 page homework assignment is to be developed from one’s research paper, due **May 13th**. This should be a Bible study that you could give to a person with the specific problem you addressed in your paper. Please follow a format similar to Dr. Mack’s assignments in *A Homework Manual for Biblical Living* by Dr. Mack..
- F. A 2–3 page typed, summary paper will be due **June 17th**. This paper will be an evaluation of how the course material assisted the student in the change process within his/her own life. The professor will also be looking for the importance of these truths for future ministry (*II Cor. 1:1–7*).

GRADING

My purpose in utilizing the grading process is to challenge you to put in the time and effort needed to do quality thinking and learning. Your life and ministry depend upon your growth in God’s wisdom. This will be accomplished as you become more and more “bibline” in your thinking and living. You will do well in this course if your goal is to **know, handle, and walk** God’s Truth well (*Eph. 4:1; Jas. 1:25*).

Reading	25%
Project Paper	40%
Project Bible study	20%
Evaluation Paper	15%

READING REPORT ASSIGNMENT

INSTRUCTIONS:

Read the assigned pages and **on a separate sheet of paper** (3–4 pages), type out (or write legibly) your answers to the following questions. Please give concise but relevant answers to the questions. This assignment is worth 20% of your total grade, so make what you write count. Please turn this in by **May 20nd**. It may be helpful to keep an index card handy while reading the material.

~ SAMPLE FORMAT ~

Name
Date
Logos: DC Level 3
Reading Report Assignment

1. Did you read all the assignments? Yes _____, No _____. If no, indicate the percentage read _____.
2. What important principles did you see concerning the Christian life? (Please summarize them.)
3. Was there anything you disagreed with or had questions about? If so, what?
4. What were the most significant challenges or lessons you learned for your own life from the reading assignments?
5. Was there someone you encouraged with what you have learned? If so, please explain.

LIST OF POSSIBLE COUNSELING ISSUES

Abortion
Accountability
Aging (Alzheimer's, Retirement, etc...)
Asceticism
Beginning a Counseling Ministry in a Local Church
Bizarre Behavior
Chronic Fatigue Syndrome
Deceit/Lying
Demon Possession
Diet/Health Food/Alternative Medicines (Nutrition)
Dominant/Passive Husbands
Drunkenness
Exercise (Stewardship of the Body)

Extreme Selfishness
Feeling-Oriented People
Fertility/Infertility Issues
The “Fool” in Proverbs
Giving and Receiving Criticism
Headaches
Hypnosis
Insanity
Irritable Bowel Syndrome
Jealousy
Lack of Assurance of Salvation
Lack of Self-Control
Laziness/Irresponsibility
Learning Disabilities (i.e. A.D.D.)
Loneliness
Lust (Sexual: Pornography, Masturbation, etc...)
Mentally & Physically Handicapped
Mid-Life Crisis
Mind Altering Drugs
Multiple Personality Disorder
“Obsessive-Compulsive”
Overworking Oneself
Perfectionism
The Proud
Rape Victims
“Schizophrenia”
Sleeplessness
Smoking
Stress
Suicide
TV and Effects
Temperaments
Terminally Ill
Tourette’s Syndrome
The Unpardonable Sin
Unsubmissive Wives
Vocational
Women’s Role in Counseling with the Church

***If another topic comes to mind—please contact the professor.**

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ADVANCED ISSUES

Suggested Reading Schedule
 Spring 2014

DATE	TOPIC	BOOK TITLE: PAGES
April 15	Decision Making	<u>The Christians Guide to Guidance</u> pp.11-20; 71-85
April 22	Anger	<u>HM</u> : 57-62
April 29	Fear & Worry	<u>HM</u> : 14-15
May 6	Depression	<u>How to Handle Trouble</u> , by Jay Adams
May 13	Spousal Abuse	
May 20	Church Discipline	
May 27	Biblical View of Self-Esteem	<u>The Biblical View of Self –Esteem, Self Love, and Self Image</u> pp.27-50
June 3	Insomnia & Chronic Fatigue	<u>HM</u> : 166-167
June 10	ADD & ADHD	
June 17	Overcoming Life-dominating Sins (Drug Abuse / Addictions)	Addictions: 3-43
June 24	Overcoming Life-dominating Sins (Sexual Deviancy)	Addictions: 44-83
July 1	Suffering & Grief	

HM = *A Homework Manual for Biblical Living, Vol. 1* (Mack)

All reading must be completed, and a reading report submitted, by June 24th.